## 6 DAY PROGRAM FOR SA NATIONAL AQUATIC CHAMPIONSHIPS 2018

**including events for the Disabled**

| EVT NO | DAY 1 23 April | EVT NO | DAY 2 24 April | EVT NO | DAY 3 25 April | EVT NO | DAY 4 26 April | EVT NO | DAY 5 27 April | EVT NO | DAY 6 28 April |
|---|---|---|---|---|---|---|---|---|---|---|---|
| | HEATS: 09:30 | | HEATS: 09:30 | | HEATS: 09:30 | | HEATS: 09:30 | | HEATS: 09:30 | | HEATS: 09:30 |
| | | | | | | | | | | | |
| | W 200 Freestyle | | W 200 Ind. Medley | | W 100 Freesytle | | W 400 Freestyle | | W 50m Freestyle | | M 400 Ind. Medley |
| | M 200 Freestyle | | M 200 Ind. Medley | | M 100 Freesytle | | M 400 Freestyle | | M 50m Freestyle | | W 400 Ind. Medley |
| | ***M S14&15 Dis 50m Br*** | | ***W S14&15 Dis 100mFly*** | | W 200 Breaststroke | | ***W S14&15 Dis 100mBr*** | | ***M S14&15 Dis 50mBa*** | | ***W S14&15 Dis 200m IM*** |
| | ***M S1-13 Dis 50m Br*** | | ***W S1-13 Dis 100m Fly*** | | M 200 Breaststroke | | ***W S1-13 Dis 100m Br*** | | ***M S1-13 Dis 50m Ba*** | | ***W S1-13 Dis 200m IM*** |
| | ***W S14&15 Dis 50m Br*** | | ***M S14&15 Dis 100mFly*** | | ***W S14&15 Dis 50mFly*** | | ***M S14&15 Dis 100mBr*** | | ***W S14&15 Dis 50mBa*** | | ***M S14&15 Dis 200m IM*** |
| | ***W S1-13 Dis 50m Br*** | | ***M S1-13 Dis 100m Fly*** | | ***W S1-13 Dis 50m Fly*** | | ***M S1-13 Dis 100m Br*** | | ***W S1-13 Dis 50m Ba*** | | ***M S1-13 Dis 200m IM*** |
| | W 100 Breaststroke | | W 1500 Freestyle | | ***M S14&15 Dis 50mFly*** | | | | W 200m Backstroke | | |
| | M 100 Breaststroke | | M 1500 Freestyle | | ***M S1-13 Dis 50m Fly*** | | | | M 200m Backstroke | | |
| | W 50 Butterfly | | | | W 50 Backstroke | | | | W 50m Breast | | |
| | M 50 Butterfly | | | | M 50 Backstroke | | | | W 50m Breast | | |
| | ***M S14&15 Dis 100mBa*** | | | | W 200 Butterfly | | | | ***M S14&15 Dis 100mFr*** | | |
| | ***M S1-13 Dis 100m Ba*** | | | | M 200 Butterfly | | | | ***M S1-13 Dis 100m Fr*** | | |
| | **W S14&15 Dis 100mBa** | | | | ***M S14&15 Dis 50m Fr*** | | | | ***W S14&15 Dis 100mFr*** | | |
| | ***W S1-13 Dis 100m Ba*** | | | | ***M S1-13 Dis 50m Fr*** | | | | ***W S1-13 Dis 100m Fr*** | | |
| | W 100 Backstroke | | | | ***W S14&15 Dis 50m Fr*** | | | | W 100 Butterfly | | |
| | M 100 Backstroke | | | | ***W S1-13 Dis 50m Fr*** | | | | M 100 Butterfly | | |
| | | | | | | | | | W 800 Freestyle | | |
| | | | | | | | | | M 800 Freestyle | | |
| | | | | | | | | | | | |
| | **FINALS 18:00** | | **FINALS 18:00** | | **FINALS 18:00** | | **FINALS 18:00** | | **FINALS 18:00** | | **FINALS 18:00** |
| | W 200 Freestyle SF | | W 200 Freestyle F | | W 200 Ind. Medley F | | W 100 Freestyle F | | W 50m Freestyle SF | | W 50m Freestyle F |
| | M 200 Freestyle SF | | M 200 Freestyle F | | M 200 Ind. Medley F | | M 100 Freestyle F | | M 50m Freestyle SF | | M 50m Freestyle F |
| | ***M S14&15 Dis 50m Br*** | | ***W S14&15 Dis 100mFly*** | | W 100 Freesytle SF | | ***W S14&15 Dis 100mBr*** | | ***M S14&15 Dis 50mBa*** | | W 200m Backstroke F |
| | ***M S1-13 Dis 50m Br*** | | ***W S1-13 Dis 100m Fly*** | | M 100 Freesytle SF | | ***W S1-13 Dis 100m Br*** | | ***M S1-13 Dis 50m Ba*** | | M 200m Backstroke F |
| | ***W S14&15 Dis 50m Br*** | | ***M S14&15 Dis 100mFly*** | | ***W S14&15 Dis 50mFly*** | | ***M S14&15 Dis 100mBr*** | | ***W S14&15 Dis 50mBa*** | | W 100 Butterfly F |
| | ***W S1-13 Dis 50m Br*** | | ***M S1-13 Dis 100m Fly*** | | ***W S1-13 Dis 50m Fly*** | | ***M S1-13 Dis 100m Br*** | | ***W S1-13 Dis 50m Ba*** | | M 100 Butterfly F |
| | W 100 Breaststroke SF | | W 100 Breaststroke F | | ***M S14&15 Dis 50mFly*** | | W 200 Breaststroke F | | W 200m Backstroke SF | | ***W S14&15 Dis 200m IM*** |
| | M 100 Breaststroke SF | | M 100 Breaststroke F | | ***M S1-13 Dis 50m Fly*** | | M 200 Breaststroke F | | M 200m Backstroke SF | | ***W S1-13 Dis 200m IM*** |
| | W 50 Butterfly SF | | W 50 Butterfly F | | W 200 Breaststroke SF | | W 50 Backstroke F | | W 50m Breaststroke SF | | ***M S14&15 Dis 200m IM*** |
| | M 50 Butterfly SF | | M 50 Butterfly F | | M 200 Breaststroke SF | | M 50 Backstroke F | | W 50m Breaststroke SF | | ***M S1-13 Dis 200m IM*** |
| | ***M S14&15 Dis 100mBa*** | | W 100 Backstroke F | | W 1500 Freestyle F | | W 200 Butterfly F | | ***M S14&15 Dis 100mFr*** | | M 400 Ind. Medley F |
| | ***M S1-13 Dis 100m Ba*** | | M 100 Backstroke F | | W 50 Backstroke SF | | M 200 Butterfly F | | ***M S1-13 Dis 100m Fr*** | | W 400 Ind. Medley F |
| | **W S14&15 Dis 100mBa** | | W 200 Ind. Medley SF | | M 50 Backstroke SF | | W 400 Freestyle F | | ***W S14&15 Dis 100mFr*** | | W 50m Breaststroke F |
| | ***W S1-13 Dis 100m Ba*** | | M 200 Ind. Medley SF | | M 1500 Freestyle F | | M 400 Freestyle F | | ***W S1-13 Dis 100m Fr*** | | W 50m Breaststroke F |
| | W 100 Breaststroke SF | | W 4 x 200 FreeRel | | ***M S14&15 Dis 50m Fr*** | | Mixed 4 x 100 Medley Rel | | W 100 Butterfly SF | | W 800 Freestyle F |
| | M 100 Breaststroke SF | | M 4 x 200 Free Rel | | ***M S1-13 Dis 50m Fr*** | | | | M 100 Butterfly SF | | M 800 Freestyle F |
| | W 50 Butterfly SF | | | | ***W S14&15 Dis 50m Fr*** | | | | W 4 x 50 Free Rel | | W 4 x 100 Med Rel |
| | M 50 Butterfly SF | | | | ***W S1-13 Dis 50m Fr*** | | | | M 4 x 50 Free Rel | | M 4 x 100 Med Rel |
| | W 100 Backstroke SF | | | | W 200 Butterfly SF | | | | | | |
| | M 100 Backstroke SF | | | | M 200 Butterfly SF | | | | | | |
| | W 4 x 100 Free Rel | | | | Mixed 4 x 100 Free Rel | | | | | | |
| | M 4 x 100 Free Rel | | | | | | | | | | |