

5 km Men

1 hour 15 minutes = QT

5 km Men Multi Disability

1 hour 40 minutes = QT

Ranking	Name	Surname	Age	Time	Date
1	Chad	Ho	27	00:54:48.6	15-Jul-17
2	Daniel	Marais	25	00:55:04.1	15-Jul-17
3	Dante	Nortje	17	00:56:39.9	17-Sep-17
4	Dante	Nortje	17	00:58:05.0	02-Dec-17
5	Hanre'	Louw	15	00:59:07.0	02-Dec-17
6	Hanre'	Louw	16	1:00:01.53	13-Jan-18
7	Aiden	Petersen	17	1:00:18.53	13-Jan-18
8	Eric	Le Roux	19	1:00:19.0	03-Feb-18
9	Andrew	Ritchie	18	1:00:19.59	13-Jan-18
10	Dylan	Wright	16	1:00:19.95	13-Jan-18
11	Hanre'	Louw	15	1:00:21.5	07-Oct-17
12	Hanre'	Louw	16	1:00:29.38	27-Jan-18
13	Dylan	Wright	15	1:00:40.1	17-Sep-17
14	Darren	Minnies	20	1:00:50.0	03-Feb-18
15	Andrew	Ritchie	17	1:00:52.1	17-Sep-17
16	Dylan	Wright	15	1:01:09.0	02-Dec-17
17	Eric	Le Roux	18	1:01:25.7	17-Sep-17
18	Flippie	van der Spuy	15	1:01:49.22	13-Jan-18
19	Stephanus	Roodt	21	1:01:52.0	03-Feb-18
20	Aiden	Peterson	17	1:01:53.19	27-Jan-18
21	Reino	von Wielligh	25	1:01:59.81	13-Jan-18
22	Andrew	Ritchie	18	1:02:04.0	03-Feb-18
23	Refiloe	Mashoa	17	1:02:32.0	02-Dec-17
24	Ian	Venter	19	1:02:42.4	04-Feb-18
25	Christian	Kriel	18	1:02:56.18	13-Jan-18
26	Flippie	van der Spuy	15	1:03:13.7	04-Feb-18
27	Dennis	de Villiers	14	1:03:19.1	04-Feb-18
28	Christian	Kriel	18	1:03:19.20	27-Jan-18
29	Joshua	Gultig	14	1:03:27.8	17-Sep-17
30	Refiloe	Mashao	17	1:03:32.0	17-Sep-17
31	Zac	Ellis	15	1:03:34.1	07-Jan-17
32	Chad	Michau		1:03:42.0	13-Jan-18
33	Dante	Nortje		1:03:44.0	13-Jan-18
34	Cole	Craig	17	1:03:38.0	15-Oct-17
35	Slater	Black	16	1:04:10.5	12-Nov-17
36	Craig	Cole	17	1:04:17.7	12-Nov-17
37	Refiloe	Mashoa	18	1:04:23.02	13-Jan-18
38	Ian	Venter	19	1:04:27.1	17-Jan-18
39	Adriaan	Bouwer	18	1:04:29.3	17-Jan-18
40	Flippie	van der Spuy	15	1:04:48.8	17-Jan-18
41	Connor	Buck		1:05:17.0	13-Jan-18
42	Josh	Gultig		1:05:21.0	13-Jan-18

43	Cullen	Biddulph	16	1:05:51.5	07-Jan-18
44	Flippie	van der Spuy	15	1:05:55.3	07-Jan-18
45	Zac	Ellis	15	1:06:48.0	03-Feb-18
46	Muhammad	Adam	15	1:07:06.57	27-Jan-18
47	Hanre'	van Geffen	20	1:07:10.33	27-Jan-18
48	Roussouw	Venter	16	1:07:12.57	27-Jan-18
49	Nicolas	Campbell	17	1:07:21.7	07-Jan-18
50	Josh	Tucker	17	1:07:23.4	04-Feb-18
51	Kyle	White	15	1:07:26.1	04-Feb-18
52	Abdul Malik	Railoun	26	1:07:27.44	27-Jan-18
53	Anthony	Pearse	49	1:07:31.0	03-Feb-18
54	Cullen	Biddulph	16	1:07:35.5	17-Jan-18
55	Dennis	de Villiers	14	1:07:48.1	17-Jan-18
56	Walter	de Jong	15	1:07:49.5	07-Jan-18
57	Muhammad	Adam	15	1:07:52.03	13-Jan-18
58	Muhammad	Adam	14	1:07:57.0	02-Dec-17
59	Nicolas	Campbell	17	1:08:05.0	03-Feb-18
60	Heinrich	Vorster	16	1:08:21.2	04-Feb-18
61	Noar	Lombard	14	1:08:26.0	07-Jan-18
62	Flippie	van der Spuy	14	1:08.50.0	15-Oct-17
63	Stolla	Scoltz	51	1:09:07.52	13-Jan-18
64	Tyron	Venter	32	1:09:14.0	03-Feb-18
65	Ruben	de Pisanie	18	1:09:22.15	27-Jan-18
66	Sergio	dos Santos	17	1:09:24.1	17-Jan-18
67	Juan	van der Hoogen	23	1:09:39.57	27-Jan-18
68	Brandon	Willows	17	1:09:40.40	27-Jan-18
69	Refiloe	Mashao	18	1:09:44.27	27-Jan-18
70	Muhammad M	Adam	17	1:09:55.11	27-Jan-18
71	Enrico	Myburgh	18	1:10:03.30	27-Jan-18
72	Seyuran	Perumal		1:10:12.0	13-Jan-18
73	Heinrich	Voster	15	1:10:12.4	15-Oct-17
74	Kyle	Letley		1:10:14.0	13-Jan-18
75	David	Leukes	17	1:10:15.64	13-Jan-18
76	Kyle	Letley	17	1:10:35.77	27-Jan-18
77	Brad	Gunter	17	1:10:59.33	27-Jan-18
78	Anthony	Pierce	49	1:11:09.2	07-Jan-18
79	Kyle	White	15	1:11:09.4	07-Jan-18
80	Heinrich	Voster	15	1:11:42.7	12-Nov-17
81	Joshua	Tucker	16	1:11:46.1	12-Nov-17
82	Heinrich	Vorster	16	1:12:12.8	07-Jan-18
83	Luke	Norris	15	1:12:23.3	04-Feb-18
84	Wietska	van der Westhuizen	15	1:12:26.5	04-Feb-18
85	Deacon	Kingman	16	1:12:28.3	04-Feb-18
86	JJ	van der Hoogen		1:12:52.0	13-Jan-18
87	Rowan	Cowper	16	1:13:31.22	27-Jan-18
88	Wasim	Ramatulla		1:14:03.0	13-Jan-18
89	Deacon	Kingman	16	1:14:08.7	17-Jan-18
90	Jacey	Bekker		1:14:09.0	04-Feb-18
91	Casper	Moodie	30	1:14:20.00	27-Jan-18

92	Akhir	Brijlal	17	1:14:26.0	02-Dec-17
93	Stephan	Vorster	17	1:14:27.3	07-Jan-18
94	Joshua	Orsmand	18	1:14:30.0	04-Feb-18
95	Luke	Norris	15	1:14:31.2	17-Jan-18
96	Joshua	Orsmand	18	1:14:33.6	17-Jan-18
97	Wietska	van der Wersthyzen	15	1:14:34.7	17-Jan-18
98	Stephan	Vorster	17	1:14:41.5	04-Feb-18
Add 1	Ashley	Hogg		1:00:19.0	12-Feb-18
Add 2	Hanre'	Louw		1:00:19.0	12-Feb-18
Add 3	Bailey	Hairsine		1:00:34.0	12-Feb-18
Add 4	Aiden	Peterson		1:00:39.0	12-Feb-18
Add 5	Garry	Albertyn		1:10:28.0	12-Feb-18
Add 6	Terence	Parkin		1:14:03.0	12-Feb-18
Add 7	Connor	Albertyn		1:14:54.0	12-Feb-18

5km Men by Name:63

Competition	Number	Name
FINA World Championships	1	Muhammad
FINA World Championships		Muhammad
LEN CUP		Muhammad
CANA Zone IV Jnr OWS Champs	2	Muhammad M
CANA Zone IV Jnr OWS Champs	3	Jacey
LowMed Series 3	4	Cullen
LowMed Series 3		Cullen
WC OWS Champs	5	Slater
LowMed Series 3	6	Adriaan
LowMed Series 3	7	Akhir
Cyprus Open	8	Connor
Gauteng Challenge	9	Nicolas
LEN CUP		Nicolas
WC OWS Champs	10	Craig
LEN CUP	11	Rowan
CANA Zone IV Jnr OWS Champs	12	Cole
LEN CUP	13	Walter
LowMed Series 3	14	Ruben
WC OWS Champs	15	Dennis
Gauteng Challenge		Dennis
LowMed Series 3	16	Sergio
WC OWS Champs	17	Zac
CANA Zone IV Jnr OWS Champs		Zac
NMBA OWS Champs	18	Josh
LowMed Series 3		Josh
NMBA OWS Champs	19	Brad
NMBA OWS Champs	20	Chad
Gauteng Challenge	21	Deacon
LEN CUP		Deacon
LEN CUP	22	Christian
E Cape Series 3		Christian
KZNA Champs	23	Eric
KZNA Champs		Eric
E Cape Series 1	24	Kyle
E Cape Series 2		Kyle
E Cape Series 2	25	David
LowMed Series 3	26	Noar
E Cape Series 4	27	Hanre'
E Cape Series 4		Hanre'
E Cape Series 4		Hanre'
KZNA Champs		Hanre'
KZNA Champs	28	Daniel

E Cape Series 3	29	Refiloe
E Cape Series 3		Refiloe
WC OWS Champs		Refiloe
Gauteng Challenge		Refiloe
Gauteng Challenge	30	Chad
Gauteng Challenge	31	Darren
E Cape Series 3	32	Casper
NMBA OWS Champs	33	Enrico
NMBA OWS Champs	34	Luke
Gauteng Challenge		Luke
WC OWS Champs	35	Dante
E Cape Series 4		Dante
E Cape Series 4		Dante
E Cape Series 3	36	Joshua
LowMed Series 3		Joshua
CANA Zone IV Jnr OWS Champs	37	Anthony
WC OWS Champs	40	Seyuran
NMBA OWS Champs	41	Aiden
E Cape Series 3		Aiden
E Cape Series 1	42	Anthony
LowMed Series 3	43	Abdul Malik
WC OWS Champs	44	Wasim
Gauteng Challenge	45	Andrew
E Cape Series 4		Andrew
Gauteng Challenge		Andrew
Gauteng Challenge	46	Stephanus
Gauteng Challenge	47	Stolla
Gauteng Challenge	48	Joshua
Gauteng Challenge		Joshua
KZNA Champs	49	JJ
E Cape Series 1	50	Juan
KZNA Champs	51	Flippie
LowMed Series 3		Flippie
Gauteng Challenge		Flippie
Gauteng Challenge		Flippie
E Cape Series 3		Flippie
E Cape Series 3	52	Wietska
E Cape Series 2		Wietska
E Cape Series 2	53	Hanre'
E Cape Series 3	54	Ian
NMBA OWS Champs		Ian
NMBA OWS Champs	55	Roussouw
NMBA OWS Champs	56	Tyron
KZNA Champs	57	Reino
Gauteng Challenge	58	Heinrich
KZNA Champs		Heinrich
E Cape Series 4	59	Stephan
LowMed Series 4		Stephan
Gauteng Challenge	60	Heinrich

CANA Zone IV Jnr OWS Champs
E Cape Series 3
NMBA OWS Champs
E Cape Series 4
E Cape Series 4
E Cape Series 4
NMBA OWS Champs

Midmar 5km International Invitational
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Midmar 5km International Invitational
Midmar 5km International Invitational
Midmar 5km International Invitational

Heinrich
61 Kyle
Kyle
62 Brandon
63 Dylan
Dylan
Dylan

Add 1 Ashley
Add 2 Hanre'
Add 3 Bailey
Add 4 Aiden
Add 5 Garry
Add 6 Terence
Add 7 Connor

Qualifiers (4 Feb 18)

Surname	Age	Time	Date	Competition
Adam	15	1:07:06.57	27-Jan-18	Gauteng Challenge
Adam	15	1:07:52.03	13-Jan-18	LowMed Series 3
Adam	14	1:07:57.0	02-Dec-17	CANA Zone IV Jnr OWS Champs
Adam	17	1:09:55.11	27-Jan-18	Gauteng Challenge
Bekker		1:14:09.0	04-Feb-18	LowMed Series 4
Biddulph	16	1:05:51.5	07-Jan-18	E Cape Series 3
Biddulph	16	1:07:35.5	17-Jan-18	E Cape Series 4
Black	16	1:04:10.5	12-Nov-17	E Cape Series 2
Bouwer	18	1:04:29.3	17-Jan-18	E Cape Series 4
Brijlal	17	1:14:26.0	02-Dec-17	CANA Zone IV Jnr OWS Champs
Buck		1:05:17.0	13-Jan-18	KZNA Champs
Campbell	17	1:07:21.7	07-Jan-18	E Cape Series 3
Campbell	17	1:08:05.0	03-Feb-18	WC OWS Champs
Cole	17	1:04:17.7	12-Nov-17	E Cape Series 2
Cowper	16	1:13:31.22	27-Jan-18	Gauteng Challenge
Craig	17	1:03:38.0	15-Oct-17	E Cape Series 1
de Jong	15	1:07:49.5	07-Jan-18	E Cape Series 3
de Pisanie	18	1:09:22.15	27-Jan-18	Gauteng Challenge
de Villiers	14	1:07:48.1	17-Jan-18	E Cape Series 4
de Villiers	14	1:03:19.1	04-Feb-18	NMBA OWS Champs
dos Santos	17	1:09:24.1	17-Jan-18	E Cape Series 4
Ellis	15	1:06:48.0	03-Feb-18	WC OWS Champs
Ellis	15	1:03:34.1	07-Jan-17	E Cape Series 3
Gultig		1:05:21.0	13-Jan-18	KZNA Champs
Gultig	14	1:03:27.8	17-Sep-17	LEN CUP
Gunter	17	1:10:59.33	27-Jan-18	Gauteng Challenge
Ho	27	00:54:48.6	15-Jul-17	FINA World Championships
Kingman	16	1:14:08.7	17-Jan-18	E Cape Series 4
Kingman	16	1:12:28.3	04-Feb-18	NMBA OWS Champs
Kriel	18	1:02:56.18	13-Jan-18	LowMed Series 3
Kriel	18	1:03:19.20	27-Jan-18	Gauteng Challenge
Le Roux	19	1:00:19.0	03-Feb-18	WC OWS Champs
Le Roux	18	1:01:25.7	17-Sep-17	LEN CUP
Letley	17	1:10:14.0	13-Jan-18	KZNA Champs
Letley	17	1:10:35.77	27-Jan-18	Gauteng Challenge
Leukes	17	1:10:15.64	13-Jan-18	LowMed Series 3
Lombard	14	1:08:26.0	07-Jan-18	E Cape Series 3
Louw	15	00:59:07.0	02-Dec-17	CANA Zone IV Jnr OWS Champs
Louw	16	1:00:01.53	13-Jan-18	LowMed Series 3
Louw	15	1:00:21.5	07-Oct-17	Cyprus Open
Louw	16	1:00:29.38	27-Jan-18	Gauteng Challenge
Marais	25	00:55:04.1	15-Jul-17	FINA World Championships

Mashao	17	1:03:32.0	17-Sep-17	LEN CUP
Mashao	18	1:09:44.27	27-Jan-18	Gauteng Challenge
Mashoa	17	1:02:32.0	02-Dec-17	CANA Zone IV Jnr OWS Champs
Mashoa	18	1:04:23.02	13-Jan-18	LowMed Series 3
Michau		1:03:42.0	13-Jan-18	KZNA Champs
Minnies	20	1:00:50.0	03-Feb-18	WC OWS Champs
Moodie	30	1:14:20.00	27-Jan-18	Gauteng Challenge
Myburgh	18	1:10:03.30	27-Jan-18	Gauteng Challenge
Norris	15	1:14:31.2	17-Jan-18	E Cape Series 4
Norris	15	1:12:23.3	04-Feb-18	NMBA OWS Champs
Nortje	17	00:56:39.9	17-Sep-17	LEN CUP
Nortje	17	00:58:05.0	02-Dec-17	CANA Zone IV Jnr OWS Champs
Nortje		1:03:44.0	13-Jan-18	KZNA Champs
Orsmand	18	1:14:33.6	17-Jan-18	E Cape Series 4
Orsmand	18	1:14:30.0	04-Feb-18	NMBA OWS Champs
Pearse	49	1:07:31.0	03-Feb-18	WC OWS Champs
Perumal		1:10:12.0	13-Jan-18	KZNA Champs
Petersen	17	1:00:18.53	13-Jan-18	LowMed Series 3
Peterson	17	1:01:53.19	27-Jan-18	Gauteng Challenge
Pierce	49	1:11:09.2	07-Jan-18	E Cape Series 3
Railoun	26	1:07:27.44	27-Jan-18	Gauteng Challenge
Ramatulla		1:14:03.0	13-Jan-18	KZNA Champs
Ritchie	18	1:00:19.59	13-Jan-18	LowMed Series 3
Ritchie	17	1:00:52.1	17-Sep-17	LEN CUP
Ritchie	18	1:02:04.0	03-Feb-18	WC OWS Champs
Roodt	21	1:01:52.0	03-Feb-18	WC OWS Champs
Scoltz	51	1:09:07.52	13-Jan-18	LowMed Series 3
Tucker	17	1:07:23.4	04-Feb-18	NMBA OWS Champs
Tucker	16	1:11:46.1	12-Nov-17	E Cape Series 2
van der Hoogen		1:12:52.0	13-Jan-18	KZNA Champs
van der Hoogen	23	1:09:39.57	27-Jan-18	Gauteng Challenge
van der Spuy	15	1:01:49.22	13-Jan-18	LowMed Series 3
van der Spuy	15	1:04:48.8	17-Jan-18	E Cape Series 4
van der Spuy	15	1:05:55.3	07-Jan-18	E Cape Series 3
van der Spuy	14	1:08.50.0	15-Oct-17	E Cape Series 1
van der Spuy	15	1:03:13.7	04-Feb-18	NMBA OWS Champs
van der Wersthyzen	15	1:14:34.7	17-Jan-18	E Cape Series 4
van der Westhuizen	15	1:12:26.5	04-Feb-18	NMBA OWS Champs
van Geffen	20	1:07:10.33	27-Jan-18	Gauteng Challenge
Venter	19	1:04:27.1	17-Jan-18	E Cape Series 4
Venter	19	1:02:42.4	04-Feb-18	NMBA OWS Champs
Venter	16	1:07:12.57	27-Jan-18	Gauteng Challenge
Venter	32	1:09:14.0	03-Feb-18	WC OWS Champs
von Wielligh	25	1:01:59.81	13-Jan-18	LowMed Series 3
Vorster	16	1:12:12.8	07-Jan-18	E Cape Series 3
Vorster	16	1:08:21.2	04-Feb-18	NMBA OWS Champs
Vorster	17	1:14:27.3	07-Jan-18	E Cape Series 3
Vorster	17	1:14:41.5	04-Feb-18	NMBA OWS Champs
Voster	15	1:10:12.4	15-Oct-17	E Cape Series 1

Voster	15	1:11:42.7	12-Nov-17	E Cape Series 2
White	15	1:11:09.4	07-Jan-18	E Cape Series 3
White	15	1:07:26.1	04-Feb-18	NMBA OWS Champs
Willows	17	1:09:40.40	27-Jan-18	Gauteng Challenge
Wright	16	1:00:19.95	13-Jan-18	LowMed Series 3
Wright	15	1:00:40.1	17-Sep-17	LEN CUP
Wright	15	1:01:09:0	02-Dec-17	CANA Zone IV Jnr OWS Champs
Hogg		1:00:19.0	12-Feb-18	idmar 5km International Invitational
Louw		1:00:19.0	12-Feb-18	idmar 5km International Invitational
Hairsine		1:00:34.0	12-Feb-18	idmar 5km International Invitational
Peterson		1:00:39.0	12-Feb-18	idmar 5km International Invitational
Albertyn		1:10:28.0	12-Feb-18	idmar 5km International Invitational
Parkin		1:14:03.0	12-Feb-18	idmar 5km International Invitational
Albertyn		1:14:54.0	12-Feb-18	idmar 5km International Invitational