

NDSA Gala: Program of events

All events are Women then Men

Day 1: 24 June

Am: Starts 9am

Open: 400 IM

Open: 200 Back

Open: 50 Fly

8&u: 50 Fly

9-10: 50 Fly

11-12: 50 Fly

13-14: 50 Fly

Open 200 Breast

10 & u: 100 Breast

11-12: 100 Breast

13-14: 100 Breast

Open 400 Free

PM: Starts 2pm

Open 100 Free

10 & U: 100 Free

11-12: 100 Free

13-14: 100 Free

Open: 50 Back

8&u: 50 Back

9-10: 50 Back

11-12: 50 Back

13-14: 50 Back

Open: 100 Breast

Day 2: 25 June

AM: Starts 9am

Open: 200 Fly

Open: 800 Free

Open: 50 Breast

8&u: 50 Breast

9-10: 50 Breast

11-12: 50 Breast

13-14: 50 Breast

Open: 100 Fly

10&u: 100 Fly

11-12: 100 Fly

13-14: 100 Fly

Open: 200 Free

PM: Starts 2pm

Open: 50 Free

8&u: 50 Free

9-10: 50 Free

11-12: 50 Free

13-14: 50 Free

Open: 100 Back

10&u: 100 Back

11-12: 100 Back

13-14: 100 Back

Open: 200 IM