



# KWAZULU-NATAL AQUATICS

(AFFILIATED TO SWIMMING SOUTH AFRICA)

OFFICE 24 – KINGS PARK POOL COMPLEX – MASABALALA YENGWA AVE -DURBAN

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All correspondence to – P.O. Box 35359, Northway, 4065



**To: All Club Chairman's, Club Coaches, Club Secretaries and Officials Society.**

Date: 22<sup>nd</sup> October 2018

## **KZNA Open Water Championships 2018**

The 2018 KZNA open water championships will be held on Saturday 1<sup>st</sup> December and Sunday 2<sup>nd</sup> December at Midmar Dam.

Only SSA registered swimmers may enter the KZNA OW Championship 3km, 5km and 10km events, these events are not part of the Capital K event schedule

### EVENT SCHEDULE

#### **Saturday 1<sup>st</sup> December 2018**

08H00 Registration and race briefing

09H00 KZNA OW 5 KM and 10 KM will be swum as one event over a 2.5 km course. Swimmers wishing to enter both events must enter both events.

10 KM event only open to swimmers over the age of 14.

5 KM event will be swum in the following age groups

12-13 years

14-15 years

16 and over

#### **Sunday 2<sup>nd</sup> December 2018**

06H30 Registration and race briefing

07H30 KZNA 3KM

3 KM event will be swum in the following age groups

12-13 years

14-15 years

16 and over

## EVENT ENTRY

To enter the KZNA 3KM, 5KM and 10KM events only enter thru your club and sent to [entries@kznaquatics.co.za](mailto:entries@kznaquatics.co.za).

## ENTRY FEE

R190.00 per event and payable to KZN Aquatics

### **KZN Aquatics**

Standard Bank

Account Number: 053074564

Branch Code: 045426

Please use the following as a reference: OW 18 "Add Swimmers Name"

### **KZNA 1KM Open Water Championship.**

The KZNA Open Water 1km Championship event will be swum as part of the Capital K event schedule.

EVENT	Time		
2	10H00	1KM	Female 13 under & 31 Over
3	10H50	1KM	Male 13 under & 31 Over
5	12H30	1KM	Male and Female 14 to 30

To enter the KZN OW 1 KM Championship event will be done thru the normal Capital K entry procedure on line at the Capital K entry Fee.

Please forward your entry number to KZNA offices at [entries@kznaquatics.co.za](mailto:entries@kznaquatics.co.za).

### **Age Groups**

11 and Under

12-13 years

14-15 years

16 and over

### **Multi- Disability**

Swimmers may only enter the 5Km, 3km and 1 km event. Medals will be awarded to the first 3 male and female swimmers in all 3 events.

Only SSA registered swimmers may enter.

### **Medals**

Medals will be presented after the 5KM and 10KM events on Saturday and after the 3KM event on Sunday Morning.

The 1Km medal presentations is under discussion and notice on when it will take place will be circulated.

Enjoy and have fun

Regards

### **SWIM BOARD**

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**President:** P.Thompson **Dep President:** O. Qulo **Vice Presidents:** F. Lindeque A Fraser E du Plessis  
G Labuschagne **Gen. Secretary:** N Maphumulo **Dep Secretary:** K. Sloley **Treasurer:** A. Maharaj  
**Records Officer:** H. Bezuidendhout **Public Relations and Marketing:** D. Nortje **Executive Member:** R. Naidoo