

KZN ARTISTIC SWIMMING COMPETITION INFORMATION

KZN ARTISTIC SWIMMING SUMMER CHAMPS 2017



Day 1: Routine Event Day- Northwood Boys High School Durban North, Saturday 25th November.

Times: 08.30 Registration. 08.45-09:45 Warm up. 10 Official start.

Event Schedule:

1. Senior Tech Solo
2. Junior Tech Solo
3. 12&U Solo
4. 13-15 Solo
5. Senior Free Solo
6. Junior Free Solo
7. 13-15 Trio
8. 12&U Trio
- 30min Break
9. Junior Tech Duet
10. Novice Duet
11. 12&U Duet
12. 13-15 Duet
13. Senior Duet
14. Junior Free Duet
- 30min Break
15. Junior Tech Team
16. Novice Team
17. 12&U Team
18. 13-15 Team
19. Junior Free Team

Times will be provided once entries received.

Entry: R25 per figure and or Grade swimmer, R50 for full inclusive entrance.

RULES

ENTRY

EVENT SPECIFICS

1. Figure and Routine Age Groups: Novice (first 2 years in synchro unless medaled at a Level and NAG event), 12&U, 13-15, Junior (15-18) and Senior (15&older). Skills: Not age group based.
2. Figures will not count toward Team and trio events.
3. Routine limits are guidelines. Events will not be timed.

COMPETITION ATTIRE

1. Figure event: Black costume, white cap (nose clip and goggles optional)
2. Routine events: Artistic 1piece costume. Nose clip optional. Make up is worn.
3. In light of Nag and water restrictions we encourage athletes to try out ways to not wear gelatin. No penalizations for not using gelatin will be in place.
4. Goggles cannot be worn unless one has been provided concession by the KZN Synchronised Swimming Board.

Please contact the KZN Synchronised Swimming Board should you have any concerns or questions.
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Day 2: Figure Event Day- Umlazi Sharks Pool, Sunday 26th November.

Times: 08.30 Registration. 08.45-09:00 Warm up. 09:15 Official start.

Event Schedule:

1. Senior & Junior Figures
2. 13-15 Figures
3. 12&U Figures
4. Novice Figures
5. 15 min Break
6. Grades Testing 1-3

RULES

ENTRY

EVENT SPECIFICS

- a) Figures are for registered swimmers only
- b) Grades may include non-registered swimmers.

COMPETITION ATTIRE

- 1) Figure event: Black costume, white cap (nose clip and goggles optional)

FIGURE DRAW

To be done 72 Hours prior to competition.